



ROSSMOOR ROTARY NEWS



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District 5160 Club 461

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Photos: John Rice

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MEETING NOTES: August 7, 2019

President **Jim Olson** called the meeting to order.

Video: The video was entitled "What is Rotary?" It seems that there are lots of misconceptions about this. Rotary is being part of the global community by building playgrounds, eradicating disease and caring for many people who are less fortunate throughout the world.

Guests and Visitors: Larry Hutchings from the Concord/Clayton Club visited. Our speaker, Bill Leary was our guest.- Jeff Kendall-visited and may be a potential future member.



Thought of the Day: **Bob Sutherland** gave a wonderful tribute to **Sheldon Solloway** about his unique history, gifts and service to Rotary.

Happy Birthdays went to **Tom, Merilee, and John.**

Happy Dollars: **John King** talked about his daughter's first birthday. **Chuck** gave in celebration of the Pageant of the Masters in Laguna Beach. Bill Leary spoke about missing Rotary. **George** honored Barbara Levine who has passed away.



Raffle: The pot of \$800. **Marlene** won a bottle of wine and **Gary Smith** won a free lunch.

ANNOUNCEMENTS

Clayton Valley Concord Sunrise Club Activities: **Bea** introduced Larry Hutchings who explained how Rotary supports the community in Uganda. Under the name of Adopt-A-Village, Rotary protects and nourishes children, funds medical clinics, and educates children. The fund started with \$15,000 and now has an additional \$13,000 through the shared effort of clubs and district matching funds. **Jim** presented him with a grant for the program.



Come one, come all! **Joy** is kicking off the First Rossmoor Rotary Monthly Social at her home on Thursday, August 15th from 5:00 to 7:00 PM. Her address is 2737 Ptarmigan Drive, Unit 2, Entry 16. Come yourself, with your spouse, a

significant other, friends, family, and anyone else who might be interested in becoming a member. Attendees are asked to bring a snack or dessert and a beverage. The plan is to hold a social every month on the third Thursday. With the goal of recruiting new members.

Save the date! District 5160 will hold a conference on October 19th in Fairfield.

PROGRAM



The guest speaker, Bill Leary, might have been familiar to some members because he writes a column for the Rossmoor News known as "Engaging Aging". He draws upon his extensive expertise in the field of aging.

Clearly, aging is the issue of our time, since our government cannot afford the Medicare, medical, social security and other support services. There is a bubble of more retirees and fewer workers to support the systems financially.

He talked a bit about the demographics of the aging population. Bill explained that more than 50% of Rossmoor residents are single with most of them being women. Nationally, the demographic of those living alone has increased. In the fifties, 20% of the population was single and 4 million lived alone. Now, 50% of the population are single and 31 million people live alone with 13 million of this group being over the age of 65.

Loneliness is one outcome of this demographic. It's true that loneliness can also exist in marriage. One combats loneliness with friendship. Other problems and concerns with aging are:

- Becoming victims of fraud,
- Concerns about safety from physical harm,
- Increased chance of poverty,
- Difficulties with launching children result in undue financial pressures. Half of 18-24 year olds and 20% of 25-34 year olds are still living with parents.
- Fear that there will be no one to care for them as families often do not provide the support they did in previous generations.

There is a bright side though! Being alone can be a blast and more fun. We can get to know ourselves better and trust our own judgment more. Seniors are beginning to move to senior communities where they find more activities and greater opportunities for friendships.



CALENDAR

Today	Tanc Agius – Rossmoor Drama Association
Aug. 21	Kelly Kalfsbeek – Community Connect